

## **Do You Feel Like Tearing Your Hair Out?**

Then join the club.

I get loads of questions about how best to treat and cope with scalp psoriasis.

Psoriasis anywhere on the body is a real pain in the you know what!

**Question:** Do you really know what psoriasis is?

**Answer:** But, as you know only too well, scalp psoriasis is in a league of its own.

Yes, the usual troubles are there: flakes, soreness, itch.

Negotiating the bumps when brushing your hair.

I used to do strange, jerky head movements when my ex tried to run his fingers through my hair.

Just in case he could read braille. I did not know what my head bumps would say!

But scalp psoriasis also often causes that horrible pressure sensation where you sometimes feel you are wearing a too tight shower cap underneath your hair.

And the self consciousness of the flakes falling on to your shoulders.

I used to brush at my shoulders constantly, particularly when wearing dark suits to work.

I felt bad enough doing all this frenzied shoulder brushing myself but when my sisters or my best friend did the brushing for me...it made me want to scream.

Or cry.

Or both.

Yes, I was constantly aware of the snowflakes on my shoulders.

Did you HAVE to remind me that everyone else was seeing them too?

I nickname it "devil's dandruff".

Which brings me to tip number 1.

**Question:** Does dandruff shampoo solve the problem?

**Answer:** I used to use it myself and I know lots of you have tried it too. It seems simple...flakes=dandruff shampoo.

Dandruff shampoo is specially formulated to dry the natural oils in the scalp to minimise production of dandruff flakes.

It only dries the scalp more which is the **LAST** thing we need.

In my attempts and experiments I have tried tons of products and I came across a local company ( I live on the North Antrim Coast of Ireland) who produces Roscara.

**Question:** What is Roscara?

**Answer:** Roscara is made from wild irish seaweed, known as Irish Moss, in a recipe that has been used in Ireland for thousands of years.

Seaweed contains more minerals and nutrients than any land plant and Roscara can provide these minerals and **nutrients to your scalp** in a solution which is easily absorbed.

Roscara is organic, all natural, gentle and effective.

It **moisturises the scalp** and **reduces scales**.

And a marvellous additional benefit...**it really reduces the itch factor**.

**Question:** How do you get Roscara?

**Answer:** I am delighted to offer you Roscara to treat and beat your scalp psoriasis naturally.

It retails at £14.99 for 100ml. This would last about one month if you are treating your scalp once a day which I recommend.

**It does not smell unlike polytar solutions where you smell like a freshly tarred road!**

It does not stain clothing or bedding unlike most of the traditional treatments out there...dithrocream anyone?

I am even more delighted to offer you Roscara for the **reduced price of £12.99** if you order in the **next 48 hours**.

And, drum roll please...you can have **Roscara for £11.99** if you order **before midnight tonight**.

Please don't tear your hair out.

Let Roscara help.

I look forward to shipping your order.

PS I would love to say that Roscara will work for 100% of you ,100% of the time.

Sadly, this may not be so and if you are anything like me ( a 37 year psoriasis veteran) you can be a wee bit jaded with all the hype and false promises out there.

So, I will give you a speedy 100% refund if you are not happy with Roscara for any reason, or maybe no reason at all.

Please order now and keep in touch to get tip number 2.

Helping you make peace with your skin,

Rosaline

<http://www.roscara.com/>